

Walk a Mile in Her Shoes®

The International Men's March to Stop Rape, Sexual Assault & Gender Violence

SATURDAY, AUGUST 22, 2009



*Join the movement
to help end Sexual and
Domestic Violence*

for more information please visit:

www.walkamilebrainerdbaxter.com

Sexual Assault
Services, Inc.



The Mid-Minnesota Women's Center
and Sexual Assault Services
are non-profit organizations.
Your donation is tax deductible.



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Participants will be asked to walk a mile in women's high-heeled shoes. Although the March organizers are asking for men to take the lead, women and children are welcome to walk as well.



The *Walk a Mile in her Shoes*® march was one of 82 scheduled throughout the U.S. in 2008.



The march "is a fun opportunity for men to educate the community about a very serious subject and to rally the community to take action to prevent sexualized violence."



The name of the march comes from the old adage that you can't really understand another person's experience until you've walked a mile in her/his shoes.



Walk the Walk so you can Talk the Talk.



Special consideration will be given to those who are not physically able to wear high heels.



The march will raise both awareness and dollars. All proceeds will help victim/survivors of sexual violence as well as residents of the Women's Center's battered women's shelter located in Brainerd.



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